
Julia V. Taylor, Ph.D.

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EDUCATION

- Ph.D. Education, 2016
Emphasis: Counselor Education and Supervision (CACREP accredited)
Virginia Commonwealth University, Richmond, VA
- M.A. Counseling, 2004
Emphasis: School Counseling (CACREP accredited)
Marymount University, Arlington, VA
- B.S. Health, Fitness, and Recreation Resources, 2001
Emphasis: Exercise Science
George Mason University, Fairfax, VA

LICENSURE

North Carolina, Education: Endorsement, School Counselor
Expiration, 06/30/2022
Virginia, Pupil Personnel Services: Endorsement, School Counselor
Expiration, 06/30/2022

PROFESSIONAL EXPERIENCE

Assistant Professor, Teaching Faculty, *August 2016- present*
Curry School of Education
Human Services Department, Counselor Education Program
University of Virginia, Charlottesville, VA

Graduate Research Assistant, *August 2013 – August 2016*
Counseling and Special Education Department, Counselor Education Program
Virginia Commonwealth University, Richmond, VA

Dean of Student Services, *November 2011–May 2013*
Wake Young Women's Leadership Academy
Wake County Public School System, Raleigh, NC

High School Counselor, *August 2009–November 2011*
Apex High School
Wake County Public School System, Apex, NC

Middle School Counselor, *August 2006–August 2009*
Apex Middle School
Wake County Public School System, Apex, NC

High School Counselor, *August 2005–August 2006*
Cary High School
Wake County Public School System, Cary, NC

High School Counselor, *August 2004–August 2005*
Stone Bridge High School/Loudoun County High School
Loudoun County Public Schools, Ashburn, VA

SCHOLARSHIP

Dissertation

Taylor, J.V. (2016). The experiences of school counselors who integrate yoga into a comprehensive school counseling program: A phenomenological approach. Virginia Commonwealth University, Richmond, VA.

Referred Publications

Taylor, J.V., & Gibson, D. M. (2016). Crisis on campus: Eating disorder intervention from a developmental-ecological perspective. *Journal of American College Health, 64*(3), 251-255.

Manuscripts Under Review

Taylor, J.V., Gibson, D.M., & Conley, A.C. (under review). The experiences of school counselors who integrate yoga into a comprehensive school counseling program: A qualitative study.

McMahon, H. G., **Taylor, J. V.**, McGlothlan, S., Pavcik, C., Rolle, M., & Yoo, J, and Oh, J. (under review). RAMP distribution: A preliminary investigation from an Inclusive Innovation perspective.

Goodman-Scott, E., **Taylor, J.V.**, Kalkbrenner, M., Darsie, J., Barbosa, R., Walsh, K., & Worth, A. (under review). Investigating RAMP status: Do student outcomes tell the whole story?

Manuscripts In Preparation

Taylor, J.V., Stern-Wynne, L., Conley, A.C., & Mason, E.C. (in preparation). Legal and ethical implications of school counselors' use of social media: A content analysis of a Facebook group for middle school counselors.

Conley, A.H., Barden, S.M., Griffin, C.L. & **Taylor, J.V.** (in preparation). Power-based personal violence (PBPV): A 20-year content analysis of ACA Journals to inform practice.

McMahon, H.G., **Taylor, J.V.**, & Turton, H. (in preparation). The impact of district school counseling supervisors on ASCA National Model implementation: An exploratory study.

Book Chapters

- Taylor, J.V., & Burgess, M.** (in press). Using data to demonstrate how school counselors make a difference. In E. Goodman-Scott, J. Betters-Bubon, & P. Donohue (Eds.). *The school counselor's guide to multi-tiered systems of support*. Routledge/Taylor & Francis.
- Taylor, J.V.** (2018). Contributing author. In S. Springer., L. Moss, N. Manavizadeh, & A. Pugliese. (Eds.). *A school counselor's guide to small groups: Coordination, leadership, & assessment*. Alexandria, VA: Association for Specialists in Group Work.
- Gibson, D.M., & **Taylor, J.V.** (2016). Using the genogram as career assessment and intervention with economically disadvantaged clients. In L.A. Busacca & M. Rehfuss (Eds.), *Postmodern career counseling: A handbook of culture, contexts, and cases*. Alexandria, VA: American Counseling Association.
- Nassar-McMillan, S. C., **Taylor, J.**, & Conley, A. H. (2016). Promising career and workforce development practices in middle and high school settings [p1]. In V. S. Solberg & S. R. Ali (Eds.). *The handbook of career and workforce development practice and policy*. Routledge/Taylor & Francis.
- Nassar-McMillan, S. C., Akcan Aydin, P., & **Taylor, J.** (2015). Effective career development policy and practice: Implications for a global workforce. In F. Korkut-Owen & D. W. Owen (Eds.). *Gelisen ssikolojik danisma ve rehberlik: Mesleklesme sürecinde ilerlemeler [Developing Counseling and Guidance: Progress in Professionalism]* (3rd ed.). Ankara, Turkey: Nobel Yayınevi.
- Taylor, J.V.** (2005). Helping high school seniors transition to the non-academic life of college: Putting theory into practice. In R. Chapman (Ed.). *When they drink: Practitioner views and lessons learned on preventing high-risk collegiate drinking*. (pp. 241-255). Philadelphia, PA: LaSalle University.

Books

- Taylor, J.V.** (2014). *The body image workbook for teens*. Oakland, CA: New Harbinger Publications.
- Lohmann, R.C. & **Taylor, J.V.** (2013). *The bullying workbook for teens*. Oakland, CA: New Harbinger Publications.
- Taylor, J.V.** (2009). *Perfectly you*. Chattanooga, TN: National Center for Youth Issues.
- Taylor, J.V. & Trice-Black, S.** (2007). *Girls in real life situations (G.I.R.L.S.): Secondary group counseling activities to enhance social and emotional development*. Champaign, Ill: Research Press.
- Trice-Black, S. & **Taylor, J.V.** (2007). *Girls in real life situations (G.I.R.L.S.): Elementary group counseling activities to enhance social and emotional development*. Champaign, Ill: Research Press.

Taylor, J.V. (2005). *Salvaging sisterhood: A group counseling curriculum for relationally aggressive girls*. Chapin, SC: Youthlight, Inc.

Non-Refereed Publications

Taylor, J.V. (2014, November/December) Connecting Students to Careers. *American School Counselor Magazine*, 52, D2-D4.

Taylor, J.V., & Wooten, G.M. (2012, January/February). Building bridges with social media. *American School Counselor Magazine*, 49, 16-17.

Taylor, J.V. (2007, September/October). Happy & healthy: Helping overweight students achieve personal and academic success. *American School Counselor Magazine*, 45, 54-57.

Taylor, J.V. (2006, January/February). Equal opportunity disorders: How to recognize eating disorders in a weight obsessed society. *American School Counselor Magazine*, 43, 38-41.

Taylor, J.V. (2004, November/December). Middle grade madness: Debunking the myth of the queen bee. *American School Counselor Magazine*, 42, 24-26.

Taylor, J.V., & Davis, T.E. (2004, March/April). Shoot for the moon, Reach for the stars: Promoting parental involvement to increase student achievement. *American School Counselor Magazine*, 41, 31-35.

GRANT ACTIVITY

The processes and procedures of RAMP cohort preparation across stakeholders: Results of a case study. Grant received from the American School Counselor Association (10,000). Goodman-Scott, E. (Co-PI) & **Taylor, J. V.** (Co-PI). Awarded July 2018.

A comparative study between RAMP and non-RAMP schools regarding school-level outcome data. Grant proposal submitted to the American School Counselor Association (10,000). Goodman-Scott, E., **Taylor, J. V.**, & Kalkbrenner, M. Project finalist; not funded, April 2017.

TEACHING

Instructor of Record

- EDHS 7230: Theories and Techniques of Counseling, University of Virginia, *August 2018 – present*
- EDHS 8390, School Counseling Internship, University of Virginia, *August 2018 – present*
- EDHS 8390, School Counseling Internship, University of Virginia, *January 2018 – May 2018*

- EDHS 8982, School Counseling Practicum, University of Virginia, *January 2018 – May 2018*
- EDHS 8390, School Counseling Internship, University of Virginia, *August 2017 – December 2017*
- EDHS 7230: Theories and Techniques of Counseling, University of Virginia, *August 2017 - December 2017*
- EDHS 8982, School Counseling Practicum, University of Virginia, *January 2017 – May 2017*
- EDHS 8390, School Counseling Internship, University of Virginia, *January 2017 – May 2017*
- EDHS 8390, School Counseling Internship, University of Virginia, *August 2016 – December 2016*
- CLED 613, Data-Driven Comprehensive School Counseling Programs, Virginia Commonwealth University, *January 2016 – May 2016*
- CLED 613, Data-Driven Comprehensive School Counseling Programs, Virginia Commonwealth University, *August 2015 – December 2015*
- CLED 604, School Counseling Practicum, Virginia Commonwealth University, *January 2015-May 2015*
- EDUS 651, Introduction to Technology for School Counselors, Virginia Commonwealth University, *August 2014-December 2014*
- EDUS 651, Introduction to Technology for School Counselors, Virginia Commonwealth University, *August 2013-December 2013*
- Health 220, Dimensions of Mental Health, George Mason University, *August 2003– May 2004*

Co-Instructor

- EDUS 651: Wellness Counseling, Virginia Commonwealth University, *July 2014 – August 2014* (Co-Instructor)
- Health 301, Health and Wellness Choices, George Mason University, *January 2001– May 2001* (Teaching Assistant)

CLINICAL SUPERVISION

- School Counseling Internship Supervisor: Fall 2016, Spring 2017, Fall 2017, Spring 2018, Fall 2018, University of Virginia
- School Counseling Practicum Supervisor: Spring 2017, Spring 2018, University of Virginia
- School Counseling Practicum Supervisor: Spring 2014, Virginia Commonwealth University
- Group Counseling Supervisor: Fall 2014, Virginia Commonwealth University
- Counseling Techniques Supervisor: Spring 2013, Virginia Commonwealth University

SERVICE

University of Virginia

Faculty affiliate, Youth-Nex: The UVA Center to Promote Effective Youth Development, *2016-present*

Lead facilitator, UVA/Curry and the Virginia Department of Education (VDOE) statewide “*AdVAntage*” program, *2017-present*

Member, The Young Women Leadership Program research team, *2017-present*

Member, Reimagining Middle School initiative, *2018-present*

Virginia School Counselor Association

Board of Directors, *2018-present*

Counselor Educator, Vice President Elect, *2017-2018*

Professional Development Chair, *2004-2005*

Annual Conference Planning Committee, *2005*

Virginia Department of Education

School Counseling Standards Revision Committee, *2017-present*

Lead facilitator of statewide pilot “*AdVAntage*” program, *2017-present*

Professional School Counseling

Reviewer, *2017 – present*

Journal of School Counseling

Reviewer, *2016 – present*

Evidence-Based School Counseling Conference

Advisory Council, *2016-present*

Program Reviewer, *2016-present*

Chi Sigma Iota, Rho Beta Chapter

Faculty Co-Advisor, *2016-2017*

Virginia Commonwealth University

School Counseling Division Leadership Team, *May 2014 – August 2016*

Lead Facilitator, VCU/School Division RAMP Cohort, *August 2014 – May 2016*

Mentor, First Year Counselor Education and Supervision Doctoral Students, *August 2014 – July 2016*

Selection Committee, Charles P. Ruch Award for Excellence in Teaching, *August 2013 – September 2015*

University 101 Classroom Presenter for the Wellness Center, Intimate Partner Violence, Sexual Assault, Stalking, and Bystander Awareness, *September 2013 – December 2015*

Southern Association for Counselor Education and Supervision

SACES Interest Network Technology Chair, *2014-2016*

Chi Sigma Iota, Omega Lambda Iota Chapter

President, *2014-2015*

Leadership Team, *2013-2014*

North Carolina School Counselor Association

Technology Co-Chair, *2011-2013*

Public Relations Committee, *2009-2011*

Middle School Vice President, *2007-2009*

Public Relations Chair, *2005-2007*

Wake County Public School System

Bullying Prevention Committee, 2012-2013

Superintendent's Behavioral Advisory Committee, 2011-2013

Technology Professional Learning Committee Co-Chair, 2010-2011

National College Fair Committee, 2010

Middle School Transition Committee, 2006-2007

American School Counselor Association

Professional Interest Network Bullying Specialist, 2004-2012

Blogger, 2008-2011

Intern, 2003-2004

Chi Sigma Iota, Mu Upsilon Gamma Chapter

President, 2003-2004

Treasurer, 2002-2003

PROFESSIONAL PRESENTATIONSKeynote Addresses

Taylor, J.V. (2018, August). *Self-harm, suicide, and social media: Helping students ask for help*. Keynote speaker at the Virginia Mental Health in Schools conference, Richmond, VA.

Taylor, J.V. (2017, November). *Strengthening sisterhood: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthy body image*. Keynote speaker at the Maine School Counselor Association conference, Freeport, MN.

Taylor, J.V. (2017, May). *Strengthening sisterhood: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthy body image*. Keynote speaker at the South Dakota Counselor Association conference, Sioux Falls, SD.

Taylor, J.V. (2016, October). *Strengthening sisterhood: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthy body image*. Keynote speaker at the New Jersey School Counselor Association conference, Lawrence Township, NJ.

Taylor, J.V. (2016, October). *Strengthening sisterhood: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthy body image*. Keynote speaker at the Idaho School Counselor Association conference, Boise, ID.

Taylor, J.V. (2016, February). *What you see isn't what you get: Eating disorders, body image, and media literacy*. Keynote speaker at the University of Richmond Eating Disorder Awareness Week Kickoff, Richmond, VA.

- Taylor, J.V.** (2016, February). *Connecting the dots: How school counseling leadership, advocacy, and excellence impact change*. Keynote speaker at the University of Virginia Chi Sigma Iota Initiation Ceremony, Charlottesville, VA.
- Taylor, J.V.** (2015, March). *Beyond body image: Media literacy, leadership, and social advocacy*. Keynote speaker at the Hammond School, Columbia, SC.
- Taylor, J.V.** (2015, February). *Don't blame Barbie: Helping girls develop a healthy body image in an image obsessed world*. Keynote speaker at the Kentucky School Counselor Association conference, Lexington, KY.
- Taylor, J.V.** (2015, February). *Beyond body image: Media literacy, leadership, and activism*. Keynote speaker at the Divine Savior Holy Angels High School. Milwaukee, WI.
- Taylor, J.V.** (2014, March). *Growing up girl: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthy body image*. Keynote speaker at the Arizona School Counselor Association conference, Fort McDowell, AZ.
- Taylor, J.V.** (2014, January). *Growing up girl: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthy body image*. Keynote speaker for the Girls Summit at St. Andrew's School, Jackson, MS.
- Taylor, J.V.** (2013, November). *Growing up girl: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthy body image*. Keynote speaker at the Iowa School Counselor Association conference, Des Moines, IA.
- Taylor, J.V.** (2012, November). *Beyond body image: Media literacy, advocacy and activism*. Keynote speaker at the Missouri School Counselor Association Annual conference, Osage Beach, MO.
- Taylor, J.V.** (2012, October). *Talk back*. Keynote speaker for the Miss Representation Documentary Screening at North Carolina State University, Raleigh, NC.
- Taylor, J.V.** (2012, March). *Beyond body image: Media literacy, advocacy & activism*. Keynote speaker at the Virginia Commonwealth University Annual John Cook Lecture, Richmond, VA.
- Taylor, J.V.** (2011, November). *Beyond body image: Media literacy, advocacy & activism*. Keynote speaker at the Kansas School Counselor Association Annual conference, Emporia, KS.
- Taylor, J.V.** (2011, April). *Made up & branded*. Keynote speaker at the National Association of Junior Auxiliaries Annual conference, Memphis, TN.
- Taylor, J.V.** (2011, March). *Perfectly you: Helping students develop a healthy body image*. Keynote speaker at Lee University, Chattanooga, TN.

- Taylor, J.V.** (2010, September). *Growing up girl in today's crazy world*. Keynote speaker for the Community Foundation of the Rappahannock River Region Women in Leadership Conference Series, Fredericksburg, VA.
- Taylor, J.V.** (2010, June). *Salvaging sisterhood*. Keynote speaker for Volusia County Public Schools Summer Institute, Daytona Beach, FL.
- Taylor, J.V.** (2010, March). *Growing up girl in today's crazy world*. Keynote speaker for the Arizona School Counselor Association Annual conference, Phoenix, AZ.
- Taylor, J.V.** (2009, March). *Salvaging sisterhood*. Keynote speaker for the Bully Free Virginia conference, Richmond, VA.
- Taylor, J.V.** (2009, March). *Made up & branded: Body image, the media, and its effects on youth*. Keynote speaker for the Kentucky School Counselor Association conference, Lexington, KY.
- Taylor, J.V.** (2008, October). *Growing up girl in today's crazy world*. Keynote speaker for the Florida School Counselor Association conference, Orlando, FL.
- Taylor, J.V.** (2006, November). *Sugar & spice? School counselors, think twice!* Keynote speaker at the North Carolina School Counselor Association Annual conference, Greensboro, NC.
- Taylor, J.V.** (2006, October). *Sugar & spice? Parents, think twice!* Keynote speaker for Arlington County Public Schools School Counselor Kickoff, Arlington, VA.

Invited Workshops

- Wharff, J. & **Taylor, J.V.** (2018, October). *School counseling leadership summit*. Pre-conference leadership training at the Virginia School Counselor Association conference, Hampton, VA.
- Taylor, J.V.** (2018, August). *An introduction to trauma-informed schools*. Pre-conference featured speaker at the Tennessee School Counselor and Administrator Institute, Murfreesboro, TN.
- Taylor, J.V.** (2018, August). *An introduction to trauma-informed schools*. Professional development workshop for Orange County Public Schools Teachers, Orange, VA.
- Taylor, J.V.** (2018, April). *An introduction to trauma-informed schools*. Professional development workshop for Orange County Public Schools Administrators, Orange, VA.
- Taylor, J.V.** (2018, March). *An introduction to trauma-informed school counseling*. Professional development workshop for Orange County Public Schools Student Services, Orange, VA.

- Wharff, J. & **Taylor, J.V.** (2017, October). *School counseling leadership summit*. Pre-conference leadership training at the Virginia School Counselor Association conference, Hampton, VA.
- Taylor, J.V.** (2017, October). *An introduction to trauma-informed counseling for youth*. Pre-conference workshop at the Virginia School Counselor Association conference, Hampton, VA.
- Taylor, J.V.** (2017, September). *Self-harm, suicide, and social media: Helping students ask for help*. Professional development workshop for Baldwin County Public Schools, Mobile, AL.
- Taylor, J.V.** (2017, August). *Counseling techniques to help adolescent girls manage relational aggression*. Professional development workshop for Charlottesville City Public Schools.
- Taylor, J.V.** (2017, May). *An introduction to trauma-informed counseling for youth*. Pre-conference workshop at the South Dakota Counselor Association conference, Sioux Falls, SD.
- Taylor, J.V.** (2017, May). *Counseling techniques to help adolescent girls manage relational aggression*. Pre-conference workshop at the South Dakota Counselor Association conference, Sioux Falls, SD.
- Taylor, J.V.** (2015, September). *Growing up girl: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthy body image*. Full-day workshop at San Diego State University. San Diego, CA.
- Taylor, J.V.** (2015, April). *Technology tools for a comprehensive school counseling program*. Three-session workshop series for Jefferson County Public Schools, Louisville, KY.
- Taylor, J.V.** (2014, February). *Growing up girl: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthy body image*. Half-day workshop at the Mississippi School Counselor Association Winter Institute, Starkville, MS.
- Taylor, J.V.** (2014, February). *Technology tools for a comprehensive school counseling program*. Half-day workshop at the Mississippi School Counselor Association Winter Institute, Starkville, MS.
- Taylor, J.V.** & Thrasher J. (2013, July). *Growing up girl: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthy body image*. Half-day workshop at the Virginia School Counselor Association Summer Academy, Charlottesville, VA.
- Taylor, J.V.** (2012, March). *Beyond body image: Media literacy, advocacy & activism*. Pre-conference workshop at the Virginia School Counselor Association Annual conference, Newport News, VA.

- Taylor, J.V.** (2012, March). *Beyond body image: Media literacy, advocacy & activism*. Half-day workshop for the North Carolina School Counselor Association Drive-In Events, Morrisville, NC.
- Taylor, J.V. & Burston, A.J.** (2011, August). *Technology tools for a comprehensive school counseling program*. Six-session workshop series for Wake County Public Schools, Cary, NC.
- Taylor, J.V.** (2009, May). *Growing up girl in today's crazy world*. Full-day workshop for the South Dakota School Counselor Association Spring conference, Sioux Falls, SD.
- Taylor, J.V.** (2009, January). *Growing up girl in today's crazy world*. Full-day workshop for Wake County Public Schools District Wide Professional Development, Raleigh, NC.
- Taylor, J.V.** (2008, August). *Growing up girl in today's crazy world*. Full-day workshop for Wilson County Public Schools, Wilson, NC.
- Taylor, J.V.** (2008, June). *Growing up girl in today's crazy world*. Pre-conference workshop for the American School Counselor Association conference, Atlanta, GA.
- Taylor, J.V.** (2008, June). *Salvaging sisterhood*. Half-day workshop for the National Conference on Mean Girls & Relational Aggression, Orlando, FL.
- Taylor, J.V.** (2007, November). *Growing up girl in today's crazy world*. Full-day workshop for Eastern Area Mental Health Services Fall conference, Greenville, NC.
- Taylor, J.V.** (2007, July). *Sugar & spice? Educators, think twice*. Half-day workshop for Gloucester County Public Schools Staff Development, Gloucester, VA.
- Taylor, J.V.** (2006, March). *Mean girls: Strategies and resources in identifying and helping relationally aggressive girls and empowering their victims*. Full-day workshop for Developmental Resources, Richmond, VA.
- Taylor, J.V.** (2006, March). *Mean girls: Strategies and resources in identifying and helping relationally aggressive girls and empowering their victims*. Full-day workshop for Developmental Resources, Durham, NC.
- Wiseman, R. & **Taylor, J.V.** (2004, March). *Chicks and cliques: A three-part series to promote awareness to provoke change*. 3-session workshop series at Spring Hill Elementary School, Great Falls, VA.

Invited Presentations

- Taylor, J.V.** (2018, September). *Self-harm, suicide, and social media: Helping students ask for help*. Invited breakout session for the Tennessee School Counselor and Administrator Institute. Murfreesboro, TN.

- Taylor, J.V.** (2018, August). *Strengthening sisterhood: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthy body image*. Invited breakout session at the Virginia Mental Health in Schools conference, Richmond, VA.
- Taylor, J.V.** (2017, October). *Beyond the basics: Empowering youth to resist societal pressures, fight unrealistic media pressures, and develop a healthy body image*. Invited seventh-grade assembly speaker at Clinton Township Middle School, Clinton, NJ.
- Taylor, J.V.** (2017, October). *Beyond the basics: Empowering youth to resist societal pressures, fight unrealistic media pressures, and develop a healthy body image*. Invited parent education evening speaker at Clinton Township Middle School, Clinton, NJ.
- Taylor, J.V.** (2017, October). *Strengthening sisterhood: Empowering girls to resist societal pressures, fight unrealistic media standards, and develop a healthy body image*. Invited breakout session at the Virginia School Counselor Association conference, Hampton, VA.
- Taylor, J.V.** (2017, January). *Student notes and time tracking: Updates and pitfalls*. Invited speaker for Albemarle County Public Schools School Counselor In-Service, Charlottesville, VA.
- Taylor, J.V.** (2016, November). *Recognizing and responding to trauma: An introduction for school counselors*. Invited speaker for the University of Virginia's Annual School Counseling Summit, Charlottesville, VA.
- Taylor, J.V.** (2016, October). *Recognizing and responding to trauma: An introduction for school counselors*. Invited speaker for the New Jersey School Counselor Association Annual conference. Lawrence Township, NJ.
- Taylor, J.V.** (2016, October). *Self-harm, suicide, and social media: Helping students ask for help*. Invited speaker for the Idaho School Counselor Association Annual conference. Boise, ID.
- Conley, A, Sander, M, & **Taylor, J.V.** (2016, April). *Recognizing and responding to trauma: Training for elementary school counselors*. Invited speaker for Henrico County Public Schools, Richmond, VA.
- Taylor, J.V.** (2016, March). *Perfectly you: Helping students develop a healthy body image*. Invited speaker for the National Center for Youth Issues Healthy Kids Summit, Cleveland, TN.
- Taylor, J.V.** (2016, January). *Perfectly you: Helping students develop a healthy body image*. Invited speaker for Virginia Beach Public Schools, Virginia Beach, VA.
- Taylor, J.V.** (2015, November). *Root cause analysis, locus of control, and the ASCA National Model*. Invited speaker for Richmond City Public Schools, K-12 School Counselor Professional Development, Richmond, VA.

- Taylor, J.V.** (2015, November). *Perfectly you: Helping students develop a healthy body image*. Invited speaker for the National Center for Youth Issues Healthy Kids Summit, Chattanooga, TN.
- Taylor, J.V.** (2015, September). *Data literacy for school counselors*. Invited speaker for Henrico County Public Schools Elementary School Counselor Retreat, Richmond, VA.
- Taylor, J.V.** (2015, August). *Data literacy for school counselors*. Invited speaker for Henrico County Public Schools High School Counselor Retreat, Richmond, VA.
- Taylor, J.V.** (2015, July). *Data literacy for school counselors*. Invited speaker for Henrico County Public Schools Middle School Counselor Retreat, Richmond, VA.
- Taylor, J.V.** (2015, June). *Data literacy for school counselors*. Invited speaker for Chesterfield County Public Schools Middle and High School Counselor Retreat, Richmond, VA.
- Taylor, J.V.** (2015, June). *Perfectly you: Helping students develop a healthy body image*. Invited speaker for Virginia Beach Public Schools, Virginia Beach, VA.
- Taylor, J.V.** (2015, January). *Technology tools for a comprehensive school counseling program*. Invited speaker for Hanover County Public Schools, Ashland, VA.
- Taylor, J.V. & Dockery, D.** (2014, November). *Smart supervision: What school counselors need to know*. Invited speaker for Hanover County Public Schools, Ashland, VA.
- Taylor, J.V.** (2014, November). *Technology tools for a comprehensive school counseling program*. Invited speaker for Chesterfield County Public Schools, Richmond, VA.
- Taylor, J.V. & Dockery, D.** (2014, November). *Smart supervision: What school counselors need to know*. Invited speaker for Chesterfield County Public Schools, Chesterfield, VA.
- Taylor, J.V.** (2014, October). *Technology tools for a comprehensive school counseling program*. Invited speaker for Henrico County Public Schools, Glen Allen, VA.
- Taylor, J.V. & Dockery, D.** (2014, October). *Smart supervision: What school counselors need to know*. Invited speaker for Henrico County Public Schools, Glen Allen, VA.
- Taylor, J.V.** (2014, March). *Technology smackdown*. Invited speaker for the Arizona School Counselor Association conference, Fort McDowell, AZ.
- Taylor, J.V.** (2014, March). *Keynote Q&A*. Invited speaker for the Arizona School Counselor Association conference, Fort McDowell, AZ.

- Taylor, J.V. & Burston, A.** (2014, March). *Technology smackdown*. Invited speaker for the Kentucky School Counselor Association conference, Lexington, KY.
- Taylor, J.V.** (2014, January). *Talk early, talk often*. Invited speaker for The Century Council Talk Early Summit, Arlington, VA.
- Taylor, J.V.** (2014, January). *Beyond body image: How to fight unrealistic media pressures*. Invited assembly speaker at Columbus High School, Columbus, MS.
- Taylor, J.V.** (2014, January). *Beyond body image: How to fight unrealistic media pressures*. Invited assembly speaker at Columbus Middle School, Columbus, MS.
- Taylor, J.V.** (2014, January). *Beyond body image: How to fight unrealistic media pressures*. Invited assembly speaker for the Girls' Summit at St. Andrew's School, Jackson, MS.
- Taylor, J.V.** (2014, January). *Beating the body image blues*. Invited parent education speaker for the Girls' Summit at St. Andrew's School, Jackson, MS.
- Taylor, J.V.** (2013, October). *Perfectly you: Helping students develop a healthy body image*. Invited speaker for Baldwin County Public Schools, Mobile, AL.
- Taylor, J.V.** (2013, March). *Beyond body image: Media literacy, advocacy and activism*. Invited speaker for the Tennessee School Counselors and Administrators Leadership conference, Murfreesboro, TN.
- Taylor, J.V.** (2013, February). *Girls' leadership development and resources*. Invited speaker for National School Counselor's Week School Counseling on Air Webinar Series.
- Taylor, J.V.** (2013, February). *Beyond bullying: Media literacy, advocacy, and social Change*. Invited assembly, faculty, and parent education speaker for Saint Andrew's School, Boca Raton, FL.
- Taylor, J.V.** (2013, February). *Women in leadership*. Guest panelist at North Carolina State University, Raleigh, NC.
- Taylor, J.V.** (2012, May). *Beyond body image: Media literacy, advocacy and activism*. Invited speaker assembly, faculty, and parent education for Bishop O'Connell High School, Arlington, VA.
- Taylor, J.V.** (2012, March). *Tech savvy school counselors*. Invited speaker for the Virginia School Counselor Association Annual conference, Newport News, VA.
- Taylor, J.V.** (2012, March). *Empowering, motivating & inspiring girls through group work*. Invited speaker for the American School Counselor Association, Online Webinar.
- Taylor, J.V.** (2012, February). *Female bullying: Solutions for response & prevention*. Invited speaker for Progressive Business Audio Conferences, Online Webinar.

- Taylor, J.V.** (2012, February). *Tech savvy school counselors: Using technology to enhance your school counseling program*. Invited speaker for Gaston County Public Schools Counselor Workshop, Skype presentation.
- Taylor, J.V.** (2010, October). *Media literacy 101*. Invited speaker at Lady of Lourdes School, Raleigh, NC.
- Taylor, J.V.** (2010, June). *Body image & self-esteem: Do's & don't for helping your students*. Invited speaker for Progressive Business Audio Conferences, Online Webinar.
- Taylor, J.V.** (2010, May). *Beating the body image blues*. Invited speaker for the Triangle YMCA Youth Leadership conference, Wake Forest, NC.
- Taylor, J.V.** (2010, April). *Salvaging sisterhood*. Invited speaker for the National Association of Junior Auxiliaries Annual conference, Mobile, AL.
- Taylor, J.V.** (2010, April). *Redefining beautiful*. Invited speaker for the Pi Beta Phi Sorority, University of North Carolina, Chapel Hill, NC.
- Taylor, J.V.** (2010, March). *Salvaging sisterhood*. Invited speaker at St. Michael's School, Cary, NC.
- Taylor, J.V.** (2009, September). *Salvaging sisterhood*. Invited speaker at Windermere Preparatory School, Orlando, FL.
- Taylor, J.V.** (2009, August). *Perfectly you: Helping students develop a healthy body image*. Invited speaker for the National Center for Youth Issues Healthy Kids Summit, Chattanooga, TN.
- Taylor, J.V.** (2009, April). *Salvaging sisterhood*. Invited speaker at Carnage Middle School, Raleigh, NC.
- Taylor, J.V.** (2009, February). *Salvaging sisterhood*. Invited speaker for the Student Assistance Professionals Association Annual conference, Atlanta, GA.
- Taylor, J.V.** (2009, February). *Salvaging sisterhood*. Invited speaker for Huntsville Public Schools, Huntsville, AL.
- Taylor, J.V.** (2008, October). *Salvaging sisterhood*. Invited speaker at Ravenscroft School, Raleigh, NC.
- Taylor, J.V.** (2008, September). *Beating the body image blues*. Invited speaker for the Healthy Choices for Youth National conference, Nashville, TN.
- Taylor, J.V.** (2008, April). *Salvaging sisterhood*. Invited speaker at The Benjamin School, North Palm Beach, FL.
- Taylor, J.V.** (2008, February). *Salvaging sisterhood*. Invited speaker at St. Raphael's Catholic School, Raleigh, NC.

- Taylor, J.V.** (2007, June). *Beating the body image blues*. Invited speaker for the Midwest Healthy Choices for Youth conference, Indianapolis, IN.
- Taylor, J.V.** (2007, May). *Sugar & spice? Parents, think twice!* Invited speaker at St. Michael's Catholic School, Cary, NC.
- Taylor, J.V.** (2003, March). *Keeping it real: Teenage violence prevention*. Invited speaker for the Future Professional Middle School Girls' conference, Falls Church, VA.

Referred National Conference Presentations

- Taylor, J.V.** (2018, March). *Using root cause analysis to disaggregate data and make SMART goals smarter*. Presentation at the Evidence-Based School Counseling Conference, New York, NY.
- Taylor, J.V. & Wharff, J.** (2018, March). *Teaching RAMP to the masses: A collaborative statewide effort*. Presentation at the Evidence-Based School Counseling Conference, New York, NY.
- Taylor, J.V. & O'Malley, E.** (2017, July). *Self-harm, suicide, and social media: Helping students ask for help*. Presentation at the American School Counselor Association Annual conference, Denver, CO.
- Taylor, J.V. & Dockery, D.J.** (2017, March). *Teaching graduate students RAMP: A comprehensive, collaborative, and theoretical approach*. Presentation at the Evidence-Based School Counselor Conference. San Diego, CA.
- Taylor, J.V. & Dockery, D.J.** (2016, February). *Building a collaborative counselor educator/district school counseling supervisor ASCA Model Program (RAMP) cohort*. Presentation at the Innovations in School Counselor Education Conference, Athens, GA.
- Taylor, J.V. & Dockery, D.J.** (2015, October). *Building a collaborative counselor educator/district school counseling supervisor leadership team*. Presentation at the Association for Counselor Educators and Supervisors Annual conference, Philadelphia, PA.
- Taylor, J.V.** (2015, June). *Promoting parental involvement*. Presentation at the American School Counselor Association Annual conference, Phoenix, AZ.
- Taylor, J.V.** (2014, June). *Help girls unlock their leadership potential*. Presentation at the American School Counselor Association Annual conference, Orlando, FL.
- Taylor, J.V.** (2013, July). *Help girls unlock their leadership potential*. Presentation at the American School Counselor Association Annual conference, Philadelphia, PA.

- Taylor, J.V.**, Sabella, R., Schultz, D., Burston, A., & Mason, E. (2013, July). *School counseling web 2.0 and technology smackdown*. Presentation at the American School Counselor Association Annual conference, Philadelphia, PA.
- Taylor, J.V.** (2012, June). *Beyond body image*. Presentation at the American School Counselor Association Annual conference, Minneapolis, MN.
- Taylor, J.V.**, Sabella, R., Schultz, D., Burston, A., & Mason, E. (2012, June). *School counseling web 2.0 and technology smackdown*. Presentation at the American School Counselor Association Annual conference, Minneapolis, MN.
- Taylor, J.V.**, Sabella, R. & Schultz, D. (2011, June). *Using the internet to perk up your school counseling program*. Presentation at the American School Counselor Association Annual conference, Seattle, WA.
- Taylor, J.V.** (2011, June). *Beyond body image: Media literacy, advocacy & activism*. Presentation at the American School Counselor Association Annual conference, Seattle, WA.
- Taylor, J.V.**, & Black, S.T. (2011, June). *Girls in real life situations. Empowering, motivating, and inspiring girls through group work*. Presentation at the American School Counselor Association Annual conference, Seattle, WA.
- Taylor, J.V.** (2010, July). *Growing up girl in today's crazy world*. Presentation at the American School Counselor Association Annual conference, Boston, MA.
- Taylor, J.V.** (2009, June). *Made up & branded: Body image, the media, and its effects on youth*. Presentation at the American School Counselor Association Annual conference, Dallas, TX.
- Taylor, J.V.** (2007, June). *Salvaging sisterhood: Creative strategies to reduce female relational aggression*. Presentation at the American School Counselor Association conference, Denver, CO.
- Taylor, J.V.** (2006, June). *Salvaging sisterhood: Creative strategies to reduce female relational aggression*. Presentation at the American School Counselor Association Annual conference, Chicago, Ill.
- Taylor, J.V.**, & Harding, A. (2004, June). *Preparing for the trenches: A sharing session for graduate students*. Presentation at the American School Counselor Association Annual conference, Reno, NV.
- Referred State and Regional Conference Presentations
- Taylor, J.V.**, Wynne, L., Stone, T., Rutledge, M., & Walsh, R. (2018, October). *So, you want to get a Ph.D.?* Presentation at the Virginia School Counselor Association conference, Hampton, VA.

- Taylor, J.V.**, White, S., Wynne, L., Bazemore, S., Tillary, C. (2018, October). *Shattering glass ceilings: Mentoring our next generation of female leaders*. Presentation at the Virginia School Counselor Association conference, Hampton, VA.
- Wharff, J. & **Taylor, J.V.** (2017, October). *The state of the state of school counseling in Virginia*. Presentation at the Virginia School Counselor Association conference, Hampton, VA.
- Taylor, J.V.** & O'Malley, E. (2015, October). *Self-harm, suicide, and social media: Helping students ask for help*. Presentation at the Virginia School Counselor Association Annual conference, Newport News, VA.
- Gibson, D.M., Payne, S.I., & **Taylor, J.V.** (2014, October). *The pedagogy of crisis counseling: Applying crisis counseling models in advanced practicum*. Presentation at the Southern Association for Counselor Education and Supervision Annual conference. Birmingham, AL.
- Taylor, J.V.** (2014, October). *Teaching technology to future school counselors*. Presentation at the Southern Association for Counselor Education and Supervision Annual conference. Birmingham, AL.
- Taylor, J.V.** (2014, October). *Technology tools to enhance K-12 post-secondary success*. Presentation at the Virginia School Counselor Association Annual conference. Richmond, VA.
- Taylor, J.V.** (2012, November). *Dispatches from girl world: School counseling strategies to help girls unlock their leadership potential*. Presentation at the North Carolina School Counselor Association Annual conference, Greensboro, NC.
- Taylor, J.V.** (2010, November). *Using the internet to enhance your school counseling program*. Presentation at the North Carolina School Counselor Association Annual conference, Greensboro, NC.
- Taylor, J.V.** (2009, November). *Perfectly you: Helping students develop a healthy body image*. Presentation at the North Carolina School Counselor Association Annual conference, Greensboro, NC.
- Taylor, J.V.**, & Trice-Black, S. (2007, October). *Girls in real life situations*. Presentation at the North Carolina School Counselor Association Annual conference, Greensboro, NC.
- Taylor, J.V.** (2005, November). *Salvaging sisterhood: Creative strategies to reduce female relational aggression*. Presentation at the Virginia Counselor Association Annual conference, Portsmouth, VA.
- Taylor, J.V.** (2005, October). *Relational aggression: A whole school approach to help reduce violence among girls*. Presentation at the North Carolina School Counselor Association Annual conference, Greensboro, NC.

- Taylor, J.V.** (2005, July). *Relational aggression: A whole school approach to help reduce violence among girls*. Presentation at the Virginia School Counselor Association Summer Academy, Charlottesville, VA.
- Taylor, J.V.** (2005, March). *Salvaging sisterhood: Creative strategies to reduce female relational aggression*. Presentation at the Virginia Association for Specialists in Group Work Annual conference, Falls Church, VA.
- Taylor, J.V., & McQueen, T.** (2005, April). *Ground zero: Building a comprehensive school counseling program*. Presentation at the Virginia School Counselors Association Annual conference, Portsmouth, VA.
- Taylor, J.V.** (2004, November). *Professional involvement: Utilizing ASCA's resources*. Presentation at the Virginia Counselor Association Annual conference, Roanoke, VA.
- Taylor, J.V.** (2004, February). *Eating disorders: How to recognize red flags in a weight-obsessed society*. Presentation at the Virginia Counselors Graduate Student Association Annual conference, Williamsburg, VA.
- Taylor, J.V.** (2003, November). *Adolescent sex trends: The school counselor's role in dealing with a new generation of youth*. Presentation at the Virginia Counselors Association Annual convention, Williamsburg, VA.
- Taylor, J.V.** (2003, March). *Keeping the peace within relationally aggressive girls*. Presentation at the Virginia Association for Specialists in Group Work Annual conference, Falls Church, VA.
- Taylor, J.V.** (2003, March). *Current adolescent sex trends and the school counselor's role in prevention*. Presentation at the Virginia Counselors Graduate Student Association Annual conference, Williamsburg, VA.
- Taylor, J.V.** (2003, September). *A new world of bullying*. Presentation at Luther Jackson Middle School, Fairfax, VA.

University Guest Lectures

- Taylor, J.V.** (2018, October). *The school counseling profession*. Guest lecturer, University of Virginia, Graduate Educational Psychology course, Charlottesville, VA.
- Taylor, J.V.** (2017, November). *The school counseling profession*. Guest panelist, University of Virginia, Undergraduate Introduction to Counseling course, Charlottesville, VA.
- Taylor, J.V.** (2017, June). *Yoga in schools*. Guest lecturer, Virginia Commonwealth University, Wellness course, Richmond, VA.
- Taylor, J.V.** (2017, April). *Adolescent girls and relational aggression*. Guest speaker, University of Virginia, Introduction to Adolescence course, Charlottesville, VA.

- Taylor, J.V.** (2016, December). *The school counseling profession*. Guest panelist, University of Virginia, Undergraduate Introduction to Counseling course, Charlottesville, VA.
- Taylor, J.V.** (2016, November). *Girls and sex*. Guest lecturer, University of Virginia, Young Women's Leadership Program Facilitator's course, Charlottesville, VA.
- Taylor, J.V.** (2016, November). *High school counseling*. Guest lecturer, University of Virginia, Introduction to School Counseling course, Charlottesville, VA.
- Taylor, J.V.** (2016, October). *The dissertation process*. Guest lecturer, Virginia Commonwealth University, Doctoral level Advanced Theories course, Richmond, VA.
- Taylor, J.V., & Heilmann, A.** (2016, June). *Yoga in schools*. Guest lecturer, Virginia Commonwealth University, Wellness course, Richmond, VA.
- Taylor, J.V.** (2016, June). *Trauma-informed schools*. Guest lecturer, Virginia Commonwealth University, School Counseling Topics course, Richmond, VA.
- Taylor, J.V.** (2016, April). *School counseling 101: Who we are, what we do, and how we help teachers*. Guest lecturer, Virginia Commonwealth University, Elementary Education course, Richmond, VA.
- Taylor, J.V.** (2016, April). *Career counseling in schools*. Guest lecturer, Virginia Commonwealth University, Career Development course, Richmond, VA.
- Taylor, J.V.** (2016, February). *Gender and media literacy*. Guest lecturer, Virginia Commonwealth University, Lifespan Development course, Richmond, VA.
- Taylor, J.V.** (2015, March). *Connecting students to careers*. Guest lecturer, Kutztown University of Pennsylvania, Career Development course, Kutztown, PA via Google Hangout.
- Taylor, J.V.** (2015, March). *Career counseling in schools*. Guest lecturer, Virginia Commonwealth University, Career Development course, Richmond, VA.
- Taylor, J.V.** (2014, March). *Gender and media literacy*. Guest lecturer, Virginia Commonwealth University, Gender Studies course, Richmond, VA.
- Taylor, J.V.** (2013, November). *School counseling Q&A*. Guest lecturer, Virginia Commonwealth University, School Counseling Internship course, Richmond, VA.
- Taylor, J.V.** (2011, January). *Relational aggression 101: What teachers need to know*. Guest lecturer, North Carolina State University, Teaching Fellows Program, Raleigh, NC.
- Taylor, J.V.** (2010, March). *Technology tools for a comprehensive school counseling program*. Guest lecturer, North Carolina State University, Intro to School Counseling course, Chapel Hill, NC.

- Taylor, J.V.** (2009, April). Guest mock interviewer, University of North Carolina at Chapel Hill, School Counseling Internship course, Chapel Hill, NC.
- Taylor, J.V.** (2008, May). Guest panelist, University of North Carolina at Chapel Hill, School Counseling Internship course, Chapel Hill, NC.
- Taylor, J.V.** (2009, February). Guest panelist, North Carolina State University, School Counseling Practicum course, Raleigh, NC.
- Taylor, J.V.** (2004, October). *Get involved! Utilizing school counseling professional resources.* Guest lecturer, George Mason University, Intro to School Counseling course, Fairfax, VA.
- Taylor, J.V.** (2004, February). *Don't reinvent the wheel! Utilizing ASCA's resources.* Guest lecturer, George Mason University, Intro to School Counseling course, Fairfax, VA.
- Taylor, J.V.** (2004, February). *The importance of professional development and involvement.* Guest lecturer, Marymount University, School Counseling Internship course, Arlington, VA.

MEDIA

Media Interviews

- Skeen, M. (2014, December 16). Relationships 2.0 – Body Image. *KCAA AM-1050 Radio*. Retrieved from <http://michelleskeen.com/blog/?p=1464>
- Skeen, M. (2013, June 25). Relationships 2.0 – Teen Bullying. *KCAA AM-1050 Radio*. Retrieved from <http://michelleskeen.com/blog/?p=891>
- Pierce, M. (2012, June 7). For school counselors, technology enhances the human touch. *The Journal*. Retrieved from <http://thejournal.com/articles/2012/06/07/for-school-counselors-technology-enhances-the-human-touch.aspx>
- Fields, L. (2011, July 26). Friends: How to make, keep, or leave them. *WebMD*. Retrieved from <http://teens.webmd.com/features/friendships-make-keep-leave-them>
- Kang, C. (2011, June 10). Lawmakers, advocates push social networks for more protection of youngest users. *The Washington Post*. Retrieved from http://www.washingtonpost.com/business/technology/lawmakers-advocates-push-social-networks-for-more-protection-of-youngest-users/2011/05/27/AG7ByiOH_story.html
- Webley, K. (2011, April 8). The upside of college rejection: Your safety school might be the smarter choice. *TIME Magazine*. Retrieved from <http://content.time.com/time/nation/article/0,8599,2063935,00.html>

- Shah, N. (2011, March 30). Anonymous bullying on social networks seeps into schools. *Education Week*. Retrieved from <http://www.edweek.org/ew/articles/2011/03/30/27formspring.h30.html?tkn=ZYQFTVH0fEsMzc9gVnKZDrxFGIFeoOxE0ruB&cmp=clp-edweek>
- Simmons, R.J. (2011, March 2). I can't stop gaining weight! *Teen Vogue*. Retrieved from <http://www.teenvogue.com/blog/teen-vogue-daily/2011/03/i-cant-stop-gaining-weight.html>
- Simmons, R.J. (2010, September 21). Extreme bullying. *Teen Vogue*. Retrieved from <http://www.teenvogue.com/blog/teen-vogue-daily/2010/09/extreme-bullying.html>
- Rubenstein, G. (2010, February 18). Boys and body image: Eating disorders don't discriminate. *Edutopia*. Retrieved from <http://www.edutopia.org/boys-eating-disorders>
- Turner, T. (2009, November 1). High tech = high touch. *ASCA School Counselor*. Retrieved from http://www.ascaschoolcounselor.org/article_content.asp?article=1105
- Vail, K. (2009, September). Bullying: From words to action. *American School Board Journal*. Retrieved from <http://www.asbj.com/TopicsArchive/Bullying/Bullying-From-Words-to-Action.aspx>
- Fitzgerald, S.H. (2009, August 27). Tips for a smooth transition to high school. *American Profile*. Retrieved from <http://americanprofile.com/articles/high-school-transition-tips/>
- Larson, B. (2009, July 29). 24/7 with Julia Taylor. *Skirt Magazine*. Retrieved from <http://raleigh.skirt.com/node/56310>
- Paterson, J. (2009, June 14). Beyond an elementary approach. *Counseling Today*. Retrieved from <http://ct.counseling.org/2009/06/beyond-an-elementary-approach/>
- DeLoatch, P. (2009, April 6). Helping your daughter survive middle school. *Suite 101*. Retrieved from <http://suite101.com/a/helping-your-daughter-survive-middle-school-a107653>
- Vogel, T. (2009, January 20). School-counseling programs gain new focus from a national model. *Edutopia*. Retrieved from <http://www.edutopia.org/school-guidance-counselors-standards-model>
- Sharples, T. (2008, September 11). The truth about teen girls. *TIME Magazine*. Retrieved from <http://content.time.com/time/magazine/article/0,9171,1840556,00.html>
- Simmons, R.J. (n.d.). Reputation rehab: How to bounce back from rumors. *Teen Vogue*. Retrieved from <http://www.teenvogue.com/advice/friendship-advice/2011-08/reputation-rehab?currentPage=all>

Book Interviews

Simmons, R.J. (2018). *Enough as she is: How to help girls move beyond impossible standards of success to live happy, healthy, and fulfilling lives*. New York, NY: Harper.

Simmons, R. J. (2011). *Odd girl out: The hidden culture of aggression in girls* (2nd ed.). Chicago, IL: Mariner Books.

Silverman, R. (2010). *Good girls don't get fat: How weight obsession is messing up our girls and how we can help them thrive despite it*. Buffalo, NY: Harlequin.

Wiseman, R. (2009). *Queen bees and wannabes: Helping your daughter survive cliques, gossip, boyfriends, and the new realities of girl world* (2nd ed.). New York, NY: Harmony.

Goodman, K. & Simon, K. (2005). Skills teens need to address alcohol related issues. *Safe road home: Stop your teen from drinking & driving*. New York, NY: Sterling Publishing Company, Inc.

HONORS AND AWARDS

2016 Virginia Commonwealth University School of Education - Commencement Speaker

2015 SACES Outstanding Graduate Student - Doctoral Level Award

2014 Chi Sigma Iota, Omega Lambda Iota Chapter – Outstanding Leadership Award

2010 ASCA School Counselor of the Year - Semifinalist

RESEARCH INTERESTS

Comprehensive school counseling program development, implementation, and evaluation

Equity/access of RAMP and ASCA National Model implementation

Girls' leadership and development

Contemplative practices in schools